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The author of Advanced Aromatherapy and Medical Aromatherapy, he lives in San Rafael, California. About the Author Kurt Schnaubelt holds a Ph.D. in chemistry and is the founder and scientific director of the Pacific Institute of Aromatherapy in San Francisco.

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Aromatherapy is the fastest-growing segment of the body care industry, an effective and deeply pleasurable way to maintain well-being. Now, Kurt Schnaubelt, a chemist and longtime aromatherapy practitioner, provides scientific proof for the efficacy of essential oils, explained clearly and logically. Advanced Aromatherapy draws on the most recent research to demonstrate how essential oils work on the cells and microbes of the body.

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The science of aromatherapy might best be understood as a study in the power of suggestion. It can also be a strong emotional trigger. Because smell is so tightly tied to memory, the effect of a given scent depends in large part on how you 've experienced that scent in the past.

The Science of Aromatherapy. An investigation into scent ...

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the subtitle of this book is The Science of Advanced
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therapeutic benefit. Aromatherapy has been used for
centuries. When inhaled, the scent molecules in
essential oils travel from the olfactory nerves directly
to the brain and especially impact the amygdala, the

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The, Art, Science and Business of Aromatherapy is a complete guide to aromatherapy written by an industry insider, Kayla Fioravanti. It is packed with uncommon essential oil information that makes this book a must have for essential oil enthusiasts, candle makers, soap makers and cosmetic manufacturers of any level or experience.

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