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The Evolution of Sabre Fencing Aldo Nadi On Fencing

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At age 83, Hurrell is a very active fencing veteran, defining what it means for fencing ... they decided to change teachers and study under world and Olympic champion fencer Maestro Aldo Nadi in West ...

In this comprehensive guide to foil technique, a fencing master and Olympic gold medalist offers an unsurpassed wealth of technical and tactical advice. Covers every facet of the game, from attack, defense, and deceit.

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"The straight punch is the core of Jeet Kune Do."—Bruce Lee The straight lead was a key element in Bruce Lee's development of his own personal style. It was designed to be uncomplicated, economical, and brutally effective but is not as simple as it might seem. Bruce Lee once described it the most difficult move in the Jeet Kune Do arsenal. Lee developed JKD as a response to the shortcomings he found in traditional martial arts, but it also includes elements

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of Western combat systems that he found effective. It incorporates contributions ranging from Jack Dempsey's approach to boxing to the fencing style of Aldo Nadi. In *The Straight Lead: The Core of Bruce Lee's Jun Fan Jeet Kune Do*, author Teri Tom describes the development of the straight punch in Western martial arts and describes Bruce Lee's refinement of the technique. It also offers a thorough instruction in the complexity and power of the move—showing martial artists of any discipline how to incorporate this devastating attack into their repertoire. With forewords by Shannon Lee Keasler and Ted Wong, chapters include: A Brief History of Straight Punching Evolution of Jeet Kune Do's Straight Lead The Stance

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Mechanics of the Straight Lead Footwork Why the Straight Lead? Application Speed Variations of the Straight Punch What Jun Fan Jeet Kune Do is Not Go to the Source An Interview with Ted Wong

The Military Fencing Masters Program, established in 1979, is where aspiring fencers go to earn legitimate degrees as teachers of the art of fencing. This internationally recognized course -- which covers all aspects of fencing -- has produced more than a few accomplished fencing masters since its inception. It is, to date, the only successful long-term program of its kind in the United States. A comprehensive fencing training manual for both the fencing master and his

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students. The only book that includes lesson plans for foil, sabre and epee instruction. -- The most comprehensive text available -- Complete basic, intermediate and advanced Foil, Sabre and Epee lessons -- A companion volume to On Fencing by Aldo Nadi

From the gruff, sword-toting swashbucklers of the Middle Ages to modern adventure epics like The Princess Bride, the aura surrounding the sword is one that is both romantic and pragmatic. Thoughts of this weapon bring to mind images of the Knights of the Round Table, Zorro, the Three Musketeers--the things daydreams are made of. Yet, until the publication of

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this encyclopedia there has never been a comprehensive volume on the subject of the sword. For the first time, readers can locate information on the history of sword types and styles throughout the world, techniques of combat sword use, techniques of fencing and major fencing masters, and so on.

After an abusive childhood in 1930s New York, Cedric Wymann, now orphaned, is taken in by a cousin suffering from mustard gas poisoning who becomes a father, helps him reconnect with friends, and finds him a fencing teacher, giving Cedric a means to avenge past wrongs and forge a better future.

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A manual of the basic skills

Become a fencer -- become an athlete -- who doesn't need to be coached from the sidelines. Train your fencer to be that independent person. This groundbreaking book combines sport psychology, neuroscience, and Dr. Kogler's five decade of success as a fencing coach. It extends the insights of One Touch at a Time to create a fencer who is master of his own mind and head coach of himself.

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