

Anatomy Muscle Study Guide

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Next to each muscle, you'll find it's origin(s), insertion(s), innervation(s) and function(s). Muscle origins and insertions. Many muscles are attached to bones at either end via tendons. The muscle origin often describes the more proximal attachment

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point of the muscle, while the muscle insertion point refers to the distal attachment.

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Pectoralis Major Muscle – Attachment, Action & Innervation. Pectoralis major is a thick, fan-shaped muscle contributing to the thoracobrachial motion. It consists of a clavicular part and a sternal part, both converging to a flat tendon that inserts on the humerus. It's innervated by both medial and lateral pectoral nerves.

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Anatomy regions Upper extremity. If you think of your body as a house, the bones and muscles are the walls and foundation. That is why... Lower extremity. Now that you know all about the upper extremity, it makes sense to move a bit further south to learn... Trunk. Upper and lower limbs: check! ...

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