

# Fitbit Zip Manual

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install a free software application called Fitbit Connect that lets Zip sync its data with your fitbit.com dashboard. To install Fitbit Connect and set up your tracker: 1. Go to <http://www.fitbit.com/setup>. 2. Scroll down and click the option to download. 3. When prompted, save the file that appears. 4. Double-click the file (Install Fitbit Connect.pkg).

*Fitbit Zip User Manual 1.2*

Syncing occurs every 15 minutes when your Zip has new data and is within 15 feet of a plugged-in Wireless Sync Dongle. You can Force Sync your Zip by clicking on the Fitbit Connect icon, which is located by the time and date on your computer. Select Sync Now to start the Force Sync. Page 9: Setting Up Fitbit Zip On A Mobile Device

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Fitbit Connect will now search for your Zip. Once your Zip has been discovered, you will be prompted to enter the 4 digit pairing number displayed on your Zip's screen. The pairing number will display with the radio icon and begin with a 0. It may take up to 30 seconds for this number to appear.

### *Fitbit Zip Product Manual - English - liGo.co.uk*

View the manual for the Fitbit Zip here, for free. This manual comes under the category Pedometers and has been rated by 1 people with an average of a 8.6. This manual is available in the following languages: English. Do you have a question about the Fitbit Zip or do you need help? Ask your question here

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By Gavin | August 09, 2018. I'm the energy balance nutrition consulting, today I'd like to tell you a little bit about the Fitbit zip, the Fitbit zip is an accelerometer that can be worn on your belt or in your pocket, it will provide you with information, such as the number of steps that you've taken, the distance that you've traveled or the number of calories that you burn, each of these measurements can be accessed on the Fitbit by simply tapping on the touchscreen of all these measurements.

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### *Fitbit User Guide*

Fitbit Zip has a replaceable battery that you never have to charge. To insert or change your battery, use the battery door tool to unlock and open the door. Battery life up to 6 months. Battery life and charge cycles vary with use, settings, and other factors; actual results will vary.

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The Fitbit Zip is one of the few clip-on trackers that you going to find on the Fitbit line up, and is one of the first attempts on the fitness tracker world from the Fitbit family and just like the Fitbit One was first released in 2012. Let's say that today in

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2020 the trackers have evolved quite a bit, so there still a need for the Fitbit Zip?

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