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Health Tips Packet 1 Answers

Health Tips Packet 1 Answers Author: [www.ftk.usm.ac.id](http://www.ftk.usm.ac.id) 2020-08-21-05-06-37 Subject: [Health Tips Packet 1 Answers](#) Keywords: health,tips,packet,1,answers Created Date: 8/21/2020 5:06:37 AM

Health Tips Packet 1 Answers

Tick the characteristics which are true for each answer. People with mostly A answers: 1 You have regular routines. 2 You are hardly ever tired. People with mostly B answers: 3 You wake up once or twice a night. 4 You need more sleep than other people. People with mostly C answers: 5 You regularly work in the evening. 6 You don't like sport.

Unit 1 Health - Nyelvkönyvbolt

Answers 1. c 2. a 3. c 4. d Explanation of Answers 1. Smoking is bad for your health so it is an unhealthy habit. 2. According to doctors, we should sleep in a dark room without distractions such as music or other noise. 3. Drinking alcohol is an unhealthy habit. 4. When life gets hectic, many individuals fail to develop healthy stress management habits.

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The selection criteria is similar for all online application I believe. Try to write brief explanation with examples. For example: Q: Excellent organizational skills with the ability to multi-task and priorities workloads and apply work principles.:

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Medicine and health is a great ESL topic that will come up several times. Beginners will usually learn body parts very early on while intermediate students may talk about medicine and doctors when practicing giving advice. Advanced learners could benefit from talking about the health care system in their country.

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