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Fermentation - THE MINI FARMING GUIDE TO FERMENTING

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Brett Markham, author of *Mini Farming: Self-Sufficiency on ¼ Acre*, explains how to ferment just about anything you can grow, and reminds us that gourmet cheeses, fancy vinegars, and store-bought wines can be expensive—making your own can not only be fun but will save money. Learn to make sourdough or experiment with making wine using a countertop juice machine.

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