

## Positive Poker A Modern Psychological Approach To Mastering Your Mental Game

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How I Play Heads Up No Limit Hold'em | *Introduction to Poker Theory* *Tricia Cardner Talks About Poker, Psychology, And More...*

Mental Game mini-course (part 1 of 3) Magician Reveals 10 Best Poker TELLS! - (Reading People ~~u0026~~ Body Language) **Mindscape 1021 Maria Konnikova on Poker, Psychology, and Reason**

4 Crucial Concepts from My Favorite Poker Book

The Mental Game of Poker

How to get better at poker Art and Psychology *Positive Poker A Modern Psychological*

Positive Poker outlines the mental skills that you need to develop if you want raise your game. Positive Poker will help you to: \* Optimize your brain for efficient learning \* Increase motivation and stay positive \*Use psychological skills to increase your win rate \*Increase self-control and reduce tilt.

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Positive Poker is an in-depth examination of the psychological aspects of all elements of poker. It is essential reading for anyone who wants to improve their play. It is essential reading for anyone who wants to improve their play.

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Positive Poker: A Modern Psychological Approach to Mastering Your Mental Game June 16 2014 Sarah talks to Dr. Patricia Cardner about her new book with Jonathan Little Positive Poker: A Modern Psychological Approach to Mastering Your Mental Game.

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Why are the best poker players actually the best? Every serious poker player wants to be successful and many of them have the right technical skills. However...

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?Why are the best poker players actually the best? Every serious poker player wants to be successful and many of them have the right technical skills. However, the truth is that there are key mental factors that separate the big winners from everyone else. Patricia Cardner is a psychology professor...

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Positive Poker will help you to: Optimize your brain for efficient learning Increase motivation and stay positive Use psychological skills to increase your win rate Increase self-control and reduce tilt Patricia is aided in her investigations by the highly successful poker pro Jonathan Little, author of the critically acclaimed series, Secrets of Professional Tournament Poker.

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